

# Track

## 50m

### Men 50-54

<b>1</b>	William Won	6.983	Tumwater, WA
<b>2</b>	Kirk Schwerzler	7.805	Shelton, WA

### Men 55-59

<b>1</b>	Steven Joyner	6.658	Bremerton, WA
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### Men 60-64

<b>1</b>	Philip Garnett	7.810	Centralia, WA
<b>2</b>	Art Turock	7.911	Kirkland, WA

### Men 65-69

<b>1</b>	Will Leslie	7.408	Issaquah, WA
<b>2</b>	Richard Ying	7.627	Camas, WA
<b>3</b>	Ron Snipe	29.764	Port Angeles, WA

### Men 70-74

<b>1</b>	Mike Walton	9.895	Bremerton, WA
<b>2</b>	Jerry Harwood	12.793	Oxnard, CA

### Men 80-84

<b>1</b>	Charles Milliman	9.422	Port Angeles, WA
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### Women 55-59

<b>1</b>	Mary Ann Yanagimachi	8.842	Bainbridge Island, WA
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### Women 60-64

<b>1</b>	Aney Velloth	7.949	Edmonds, WA
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### Women 65-69

<b>1</b>	Susan Evans	10.246	Port Angeles, WA
<b>2</b>	Pamela Young	17.295	Edmonds, WA

## 100m

### Men 50-54

**1** Kirk Schwerzler 29.109 Shelton, WA

### Men 55-59

**1** Steven Joyner 13.551 Bremerton, WA

### Men 60-64

**1** Art Turock 14.920 Kirkland, WA

### Men 65-69

**1** Will Leslie 14.211 Issaquah, WA

**2** Richard Ying 15.142 Camas, WA

**3** Phil Brand 21.497 Port Angeles, WA

### Men 70-74

**1** Jerry Harwood 24.997 Oxnard, CA

### Men 80-84

**1** Charles Milliman 18.711 Port Angeles, WA

### Women 55-59

**1** Mary Ann Yanagimachi 17.354 Bainbridge Island, WA

### Women 60-64

**1** Aney Velloth 15.809 Edmonds, WA

### Women 65-69

**1** Pamela Young 29.551 Edmonds, WA

## 200m

### Men 50-54

**1** William Won 29.565 Tumwater, WA

### Men 55-59

**1** Steven Joyner 28.557 Bremerton, WA

### Men 60-64

1	Art Turock	30.926	Kirkland, WA
2	Philip Garnett	32.000	Centralia, WA

### Men 65-69

1	Will Leslie	29.081	Issaquah, WA
2	Ron Snipe	(no time reported)	Port Angeles, WA

### Men 70-74

1	Jack Thornburgh	34.845	North Saanich, BC
2	Jerry Harwood	1:02.869	Oxnard, CA

### Women 55-59

1	Mary Ann Yanagimachi	38.942	Bainbridge Island, WA
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### Women 60-64

1	Aney Velloth	36.419	Edmonds, WA
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### Women 65-69

1	Pamela Young	1:06.861	Edmonds, WA
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## 400m

### Men 50-54

1	William Won	1:08.357	Tumwater, WA
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### Men 65-69

1	Will Leslie	1:07.895	Issaquah, WA
2	Richard Ying	1:12.705	Camas, WA
3	John Sherrill	1:34.789	Kenmore, WA

### Men 70-74

1	Jerry Harwood	3:34.108	Oxnard, CA
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### Men 80-84

1	Chuck Milliman	2:06.803	Port Angeles, WA
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### Women 65-69

1 Pamela Young 2:27.397 Edmonds, WA

## 800m

### Men 60-64

1 Philip Garnett 3:51.886 Centralia, WA

### Men 65-69

1 John Sherrill 3:33.843 Kenmore, WA

2 Ron Snipe 10:02.000 Port Angeles, WA

### Men 70-74

1 Jerry Harwood 7:03.729 Oxnard, CA

### Men 75-79

1 Lawrence Posey 7:16.983 Port Townsend, WA

### Men 80-84

1 Chuck Milliman 4:29.542 Port Angeles, WA

### Women 65-69

1 Susan Evans 5:19.463

## 1500m

### Men 50-54

1 Kirk Schwerzler 6:29.05 Shelton, WA

### Men 60-64

1 Philip Garnett 7:47 Centralia, WA

### Men 65-69

1 John Sherrill 6:56 Kenmore, WA

2 Ron Snipe (no time reported) Port Angeles, WA

### Men 70-74

1 Jerry Harwood (no time reported) Oxnard, CA

### Men 80-84

1 Charles Milliman 8:29.06 Port Angeles, WA

# Field

## DISCUS

### Men 55-59

1 Stanley Kaczynski 63' 4" Bremerton, WA

### Men 60-64

1 Art Turock 98' 6" Kirkland, WA

### Men 65-69

1 Bill Deeter 127' 11" Mehama, OR  
2 Jerry Harwood 92' 1" Oxnard, CA  
3 Mike Walton 91' 7" Bremerton, WA

### Men 75-79

1 Robert Ward 107' 0" Portland, OR  
2 Lawrence Posey 49' 7" Port Townsend, WA

## HIGH JUMP

### Men 50-54

1 William Won 3' 9" Tumwater, WA

### Men 60-64

1 Philip Milliman 4' 7" Sequim, WA

### Men 70-74

1 Bob Sheedy (tie) 4' 0" Port Angeles, WA  
1 Kwame Turner (tie) 4' 0" Seattle, WA  
2 Jack Thornburgh 3' 8" North Saanich, BC

### Men 80-84

**1** Charles Milliman 3' 6" Sequim, WA

## JAVELIN

### Men 50-54

**1** William Won 98' 8" Tumwater, WA

### Men 55-59

**1** Darrell Yount 130' 8" Port Angeles, WA

### Men 60-64

**1** Art Turock 93' 2" Kirkland, WA

### Men 65-69

**1** Ron Snipe 6' Port Angeles, WA

### Men 70-74

**1** Bob Sheedy 104' 2" Port Angeles, WA

**2** Jack Thornburgh 96' 0" North Saanich, BC

**3** Frank Cariker 82' 4" Port Angeles, WA

### Men 75-79

**1** Lawrence Posey 40' 0" Port Townsend, WA

## LONG JUMP

### Men 50-54

**1** William Won 14' 4" Tumwater, WA

### Men 60-64

**1** Philip Milliman 13' 9" Sequim, WA

**2** Art Turock 12' 9" Kirkland, WA

### Men 65-69

**1** Richard Ying 12' 0" Camas, WA

### Men 70-74

**1** Bob Sheedy 11' 9" Port Angeles, WA

**2** Richard Rohr 9' 3-1/2" Port Angeles, WA

**3** Jack Thornburgh 8' 7" North Saanich, BC

**Men 80-84**

**1** Charles Milliman 9' 6" Sequim, WA

**Women 55-59**

**1** Maryanne Yanagiachi 5' 1" ??

**Women 60-64**

**1** Anney Velloth 5' 2" Edmonds, WA

**Women 65-69**

**1** Susan Evans 5' 1" Port Angeles, WA

**POLE VAULT**

**Men 55-59**

**1** Dan Mc Guinn (no misses) 11' 0" Rochester, WA

**2** Bill Jones 11' 0" Anacortes, WA

**Men 60-64**

**1** Philip Milliman 11' 0" Sequim, WA

**Men 65-69**

**1** Richard Ying 8' 6" Camas, WA

**Men 70-74**

**1** Bob Sheedy 7' 6" Port Angeles, WA

**2** Jerry Harwood "no height" Oxnard, CA

**Men 80-84**

**1** Charles Milliman 6' 6" Sequim, WA

**SHOT PUT**

**Men 50-54**

**1** Kirk Schwerzler 31' 10" Shelton, WA

**Men 55-59**

1 Stanley Kaczynski 23' 10" Bremerton, WA

#### Men 60-64

1 Philip Garnett 31' 1" Centralia, WA

#### Men 65-69

1 Bill Deeter 38' 6-1/2" Mehama, OR

2 Ron Snipe 3' 5-1/2" Port Angeles, WA

#### Men 70-74

1 Bob Sheedy 34' 11-1/2" Port Angeles, WA

2 Jerry Harwood 28' 2-1/2" Oxnard, CA

3 Lanny Dowell 27' 5-3/4" Bremerton, WA

#### Men 75-79

1 Robert Ward 40' 7" Portland, OR

2 Lawrence Posey 14' 10-1/2" Port Townsend, WA

## SOFTBALL THROW

#### Men 55-59

1 Rick Melvin 171' 5-3/4" Port Angeles, WA

#### Men 60-64

1 Pete Sagisi 204' 5" Kent, WA

#### Men 65-69

1 Phil Brand 111' 9" Port Angeles, WA

2 Ron Snipe 25' 6" Port Angeles, WA

#### Men 70-74

1 Frank Cariker 160' 2" Port Angeles, WA

2 Jack Thornburgh 134' 1-1/2" North Saanich, BC

3 Mike Walton 106' 4" Bremerton, WA

#### Women 60-64

1 Peggy Hougardy 98' Seattle, WA



### Women 65-69

1 Pam Young 42' 6" Edmonds, WA

## STANDING LONG JUMP

### Men 55-59

1 Rick Melvin 7' 4-1/2" Port Angeles, WA

### Men 60-64

1 Philip Garnett 6' 5-1/2" Centralia, WA

### Men 65-69

1 Bill Deeter 6' 11" Mehama, OR  
2 Ron Snipe (no distance reported) Port Angeles, WA

### Men 70-74

1 Richard Rohr 6' 7-1/2" Port Angeles, WA  
2 Mike Walton 5' 6" Bremerton, WA  
3 Jerry Harwood 5' 4-1/2" Oxnard, CA

### Men 80-84

1 Charles Milliman 5' 8" Sequim, WA

### Women 55-59

1 Maryanne Yanagiachi 8' 8" ??

### Women 60-64

1 Anney Velloth 9' 10-1/2" Edmonds, WA

### Women 65-69

1 Susan Evans 5' 3" Port Angeles, WA